



**ANASAZI**  
**FOUNDATION**

turning hearts homeward

ANASAZI Foundation  
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# ACADEMICS



## Academic Packet Contents

1. Letter to educators
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## What you need to know about academic credits at ANASAZI...

### 1. There are three elective credits available from ANASAZI.

- Physical Education – Backpacking (1.0 Credit)
- English – Writing and Communications (0.5 Credit)
- Art – Skills for Utility and Expression (0.5 Credit)
- Science – Earth Science, Environmental Science (0.5 Credit)
- Single Survival Skills – Anthropology, Interpersonal Relationships (0.5 Credit)

### 2. To attain this credit a YoungWalker must:

- Complete their walking at ANASAZI.
- Complete all 8 of their Badgerstone Books (must be done while on the trail)..
- Write an essay about their ANASAZI experience (must be done within one month of discharge).

### 3. How does it work?

- Completed book and essay are sent to ANASAZI.
- ANASAZI submits work to Blueprint Education for grading.
- Blueprint provides a transcript.
- The transcript is sent to the YoungWalker.

### 4. What can a parent do?

- Tell your school about ANASAZI credits (this helps a lot).
- Give them the letter to educator and packet.
- Write your YoungWalker about how these credits may help.
- Contact ANASAZI if you have any questions.



Dear Educators,

The intent and purpose of this letter is to familiarize you with ANASAZI Foundation and its “Making of a Walking” educational curriculum.

ANASAZI Foundation is a non-profit (501c3) behavioral healthcare provider that utilizes remote outdoor settings for the treatment and care of youth and young adults. It is accredited nationally by the Joint Commission and licensed by the Arizona State Department of Health Services. Our “Making of a Walking” educational curriculum is accredited through Blueprint Education, which is accredited through the North Central Association and the Commission of International and Trans-Regional Accreditation.

Each day on the ANASAZI Trail provides new learning experiences, both interpersonal and academic. Staff members are present 24 hours a day, offering their assistance and expertise, and a teacher visits weekly. Each participant is given a series of workbooks to help in the learning process. Upon completion of the program, we encourage each student to write an 8-10 page paper about his/her experience. If the student completes all three aspects of our academic curriculum, the student may attain elective credits in: Physical Education, English, Environmental Science, Art, and Single Survival. An explanation of these credits is provided in the enclosed educational packet.

If you have any questions regarding our program, please feel free to contact us at [education@anasazi.org](mailto:education@anasazi.org) or by phone at 480.892.7403.



## **EARNING HIGH SCHOOL AND COLLEGE CREDIT WHILE AT ANASAZI**

Education is an essential part of a young person's development. For this purpose, students are given the opportunity to earn high school credit while participating in ANASAZI Foundation's outdoor programs. The academic program at ANASAZI Foundation is provided through ANASAZI High School.

### **Welcome to ANASAZI High School**

ANASAZI High School is a private program that blends outdoor educational instruction with a traditional curriculum for students worldwide. Currently serving students in ninth through twelfth grade participating in ANASAZI Foundation's outdoor programs and other students interested the unique outdoor curriculum to enhance their high school academic experience. ANASAZI High School has selected Blueprint Education as its curriculum provider.

There are many benefits to our unique learning model, including a rigorous and comprehensive curriculum based on the Commission on International and Trans-Regional Accreditation (CITA) North Central Association – Commission on Accreditation and School Improvement (NCA-CASI) and NAEP (National Advancement for the Progress of Education), the flexibility of learning anywhere anytime, the support of qualified professional educators, and an individualized and self-paced learning program that adapts to your child's unique needs.

### **Academic Program Overview**

ANASAZI Foundation's outdoor program has been esteemed for their educational benefits. Up to three high school elective credits through the completion of five courses have been granted for a 42-day or more excursion. This is particularly meaningful for students' academic needs to remediate, accelerate, and graduate from high school.

ANASAZI High School covers the following disciplines:

1. Physical Education – Backpacking (1.0 Credit)
2. English – Writing and Communications (0.5 Credit)
3. Art – Skills for Utility and Expression (0.5 Credit)
4. Science – Earth Science, Environmental Science (0.5 Credit)
5. Single Survival Skills – Anthropology, Interpersonal Relationships (0.5 Credit)

Each area is treated experientially and evaluated through verbal and written exercises. The experiential vehicle of living and walking on the land helps enhance the student's ability to retain the information learned for use in subsequent academic settings.

The five disciplines are developed in a progressive manner within seven learning modules called "Paths of Learning." Staff manuals and student workbooks maintain consistency through the modules. This process is repetitive with each "re-circling" being more systematic. Students quickly develop deeper assessments of their own work. They probe more carefully into each path and redesign solution, attitudes and cognitive retention.

Testing is immediate in most sections of each path, with other parts more closely related to cognitive reproduction of facts and data. Effective learning includes many divergent thought exercises, which are tested repeatedly as the creative experience deepens. Staff makes intensive assessments (written and verbal) in both the cognitive and the affective domains. Time involvement in the five academic areas generally exceeds both class times and study times recommended by the state and accreditation standards. Student involvement in the disciplines usually averages 10 hours per day, seven days a week for about 6 weeks, for a total in excess of 400 hours of instruction and application. In addition to the academic system listed in the paths, there are additional phases geared to personal development and therapeutic help. These Phases are encompassed in what is called the “shadowing” (counseling), the “makings” (personal efforts and development), the “walking” (wilderness survival), and transition. An official graded transcript is issued upon completion of the curriculum.

## Quality Curriculum

ANASAZI High School has chosen a curriculum that is based on time-tested learning methods and traditional academic content. The staff of ANASAZI High School are committed to developing well-rounded students who master the fundamentals in academic subjects and develop higher order reasoning, problem solving, analytical, and communications skills. The curriculum will also be your ally in the pursuit of good character. The curriculum is developed to engage the student in a holistic, coordinated, and creative environment which tests mental, physical and emotional responses to a myriad of academic and real-life challenges. In addition, the curriculum will help teach students about virtues like forgiveness, optimism and gratefulness.

## Blueprint Education Partnership

The ANASAZI High School is strengthened by its partnerships with Blueprint Education. ANASAZI High School has selected Blueprint Education as a partner for its curriculum and school management services. In 1969, a group of leading educators formed Blueprint Education to provide a high-quality secondary education program. The Blueprint program is built on two key pillars. First, Blueprint Education is developing a comprehensive and thorough curriculum based on materials and education methods that are time-tested and proven. Second, Blueprint Education is enriching this educational experience with the thoughtful application of outdoor education, traditional print based learning in order to engage, expand, and enrich the horizons of child and parent alike.

## Frequently Asked Questions

### What are the benefits of ANASAZI High School for my child?

ANASAZI High School offers many benefits to students and families:

- **Comprehensiveness** ANASAZI High School provides a complete instructional program for students, with high-quality lessons, and integrated assessments combined into a comprehensive offering.
- **Flexibility** Recognizing that each child is unique, our adaptive learning program is customizable and designed to work around the life of individual students.
- **Support** ANASAZI High School gives parents and teachers the tools, resources, materials, and guidance they need to ensure that students receive an education comparable to the best public and private schools.
- **Credibility Affiliation** with ANASAZI High School brings with it the credibility of a respected educational program and the legitimacy of an accredited school.
- **Individualization** The learning program is self-paced and adapts to the needs of individual students.

### Who is eligible to attend?

High school students living anywhere in the world may be eligible to attend ANASAZI High School.

**What if my student is not high school age?**

Any student in the seventh and eighth grade will receive non-high school credit from ANASAZI Foundation.

**How do I enroll my child in ANASAZI High School?**

An enrollment form is available upon request from ANASAZI. You may also contact Blueprint Education directly (contact information below).

Lisa Owen  
Student Service Specialist  
Blueprint Education  
[lisao@blueprinteducation.org](mailto:lisao@blueprinteducation.org)  
Phone: 800-426-4952 ext 4832  
Fax: 602-943-9700  
[www.blueprinteducation.org](http://www.blueprinteducation.org)

**What does it cost to attend ANASAZI High School?**

The cost is \$99 per 0.5 credit, with a one-time registration fee of \$39 per student. You may enroll your child in all courses or in the individual course(s) of your choosing. Payment arrangements should be made directly with Blueprint, and enrollment will be finalized once payment is made.

**What subjects will my child study?**

Science, Art, Physical Education, Single Survival Skills

**Does the program provide instructional materials?**

Yes, we provide all the instructional materials that are needed to complete the program.

**Who grades student work?**

A certified teacher grades student work. Teachers assign semester and year-end grades.

**Can my child work at his or her own pace?**

Absolutely, the program is designed to be self-paced and flexible.

**Can all school work be completed while at ANASAZI?**

No. Students must complete a written essay about their experience at ANASAZI after leaving the program. Students can also complete unfinished work after leaving ANASAZI. Students remain enrolled in ANASAZI High School for up to one month after leaving ANASAZI.

**Can a student attend ANASAZI High School and another school simultaneously?**

Yes. Students can attend ANASAZI High School and another public or private school at the same time.

**When is the transcript issued?**

A transcript from ANASAZI High School is issued after all three assignments have been submitted. Students will have up to one month to submit additional work to improve a grade or incomplete. A new transcript will be issued within 30 days of receiving any additional work.

**Does ANASAZI High School offer other courses?**

Not at this time, however, Blueprint Education offers students worldwide a complete high school graduation curriculum. For a free catalog, please call 1.800.426.4962.

## Accreditation Means Quality Courses



Blueprint Education and ANASAZI Foundation have built a unique educational relationship that provides a benefit to students. Students enroll in Blueprint Education's standards based courses to earn course credit from an **accredited** distance learning school. Courses are aligned to national and state academic standards to meet accreditation requirements. Blueprint Education provides the official transcript to ANASAZI Foundation upon completion of the course work.



Blueprint Education is accredited by **CITA**, the Commission on International and Trans-regional Accreditation since 2000. CITA is an accreditation agency created by the seven regional school accrediting commissions of ICSAC, Inc. for the purpose of bringing their accreditation activities into alignment with the new global education. Blueprint Education has been accredited by **NCA-CASI**, North Central Association – Commission on Accreditation and School Improvement, the largest of the seven regions since 1981. NCA is the accepted accrediting agency for public and private schools in nineteen states.

CITA accreditation assures students in all seven North American regions and international countries that the educational program and corporation are in a continuous improvement process. The organization meets **twelve** common educational measurements or **standards** and protocols that can be trusted by all students, schools and colleges. By tradition, an accredited school is therefore trusted to be what it claims it is, and to do what it claims it does, and whatever it says of itself or its accomplishments has both the sanction and confidence of its peerage. CITA accreditation verifies this for students and schools trans-regionally and internationally.

The **NCAA**, National Collegiate Athletic Association, has approved all high school courses for scholarship applications and admission to colleges and universities. Core subjects, science lab courses and electives are all included on the approval list.

The Blueprint Education and ANASAZI Foundation educational relationship, based on high standards, assures students that their course credit will be transferred successfully to their school of choice.

## ANASAZI Course Description

### **Physical Education – Elective (PED 901 and PED 902)**

Credit: 0.500 each

This is a two (2) semester physical education program that teaches the student the benefits of being physically fit through regular and vigorous exercise. The course focuses on skill-related and health-related parts of fitness. Excellent manual dexterity is emphasis as well as physical agility.

Safety, burn treatment, heat traps, effects of hypothermia, necessary body heat and food fuel required to maintain good health are presented. Negative impact on smoking and drugs are discussed in detail. The impact of dehydration; hydration; giardialamblia and nutritional value of food are emphasized.

This experience takes place in the out-of-doors, providing a unique opportunity for students in the areas of hiking, camping, outdoor safety, living through storms, edible wild plants, medicinal plants, food preparation, poison plants, first aid for poison and skin eruptions, harmful effects of drug plants, avoidance of sunstroke and importance of shade.

Study of the circulatory system, human anatomy and basic needs of the human organism are provided. First aid for insect and reptile bites and field treatment of ten human ailments in the wilds, as well as preparation of animal foods are studied.

Finally, in addition to a comprehensive physical education program, the anatomy of feelings, the nervous system, physical maturity, electrical systems of the body, hygiene, emotions and health are presented to ensure a comprehensive physical, mental and health related program.

### **Drawing and Visual Perception – Elective (ART 903)**

Credit: 0.500

Drawing and visual perceptions develops skills of visual perceptions and applies these skills to the art of drawing by strengthening the right hemisphere of the brain, which is especially suited to perform these tasks.

Development of the artistic ability of the right side of the brain will enhance the student to develop artistic skills in areas such as: plant and mountain sketches, digging sticks, cordage plant fiber usage for colors, woodworking with stone tools, sand paintings, drilling stones, pecking and crumbling, hafting, discoidal blades, weaving, woodcarving, wood burning, candle making and various other art projects which enable the student to transfer the academics of art into real life practical application of the elements presented in the course for visual perceptions and drawing.

## **Applied English – Elective (ENG 904)**

Credit: 0.500

Applied English is designed for the student who desires to utilize his or her basic English grammar skills into a literary format of communication.

The students will demonstrate the application of writing skills through letter writing, journals, technical writing of descriptions of “how to”, writing essays and poems. An essay-writing rubric will employ the six writing traits to assess each student’s essay.

Focused writing assignments will be given to students which will empower his or her writing skills in such areas of “Charting time light sequences”; “Legend of Breezes”; “Circle of Family”; “Generations”; “Self Awakenings”; “Taxonomic Descriptions”; “Natural History”; and “Self Reflections”.

## **Environmental Science – Elective (SCI 905)**

Credit: 0.500

Environmental Science stresses the balance in an ecosystem is dependent upon balance between various forces: nutrient gains and losses, energy inflow and outflow. The course focuses on land, water, and effective use of our natural resources. It covers types of pollution of land and water and natural selection, adaptation and nutrient cycles.

The course enables the student to understand, comprehend, and apply the connections between personal attitudes/lifestyle and various existing environmental problems that may establish the motivation for positive changes in the attitudes toward an environment.

A variety of “in-the-field” experiences will provide each student with hands-on activities as well as gaining knowledge in such areas as: life cycles; survival of the species; multi-use land and water management; animal husbandry; weather forecasting; micro-climates; wind, water and land erosion; weather patterns; solids, liquids and gases; cloud formation; igneous, sedimentary and metamorphic stones; geology, rock formation, crystal structures; fracture planes; minerals and geological cycles.

## **Single Survival – Elective (SST 906)**

Credit: 0.500

Single Survival is designed to assist students to learn about personal and social survival. The course focuses on concept of “WE”. We as individuals connected with others. The course is designed to teach the benefits and principles of harmonious relationships with family and community. The student, who successfully, completes this course, will grow in knowledge, positive attitude and skills needed to lead an independent and interdependent life. Highlights of the course, involves the student on such topics as: Decision Making; Self Survival; Physical and Mental Survival; Health and Nutrition; Social Behavior; Stress Management; Verbal and Nonverbal Communication; Writing and Listening Skills; Critical Thinking; Family and Peer Relationships; Skills of Observation and Emotional Survival; Modeling Analysis, Conclusions and Refinements for Day to Day Living.

Field experiences will provide plant uses in history; beginnings in medicine; infant to adult (social development) self-betrayal; collusions; morality; cycles of conflict and the “Lone Walking”. History of water courses, ancient irrigation, pre historical travel patterns (trail blazing) and “Legend of the Badgerstone” (perseverance).

First hand experience will also be provided through such activities as: primitive fire technologies; “Rabbit Stick” skill development; cooking; sharing; etiquette and low impact camping.

## College Credit at ANASAZI



These credits are offered through Feather River College in Quincy, California. You can register for all three classes or just the ones you want. The fees for these courses are \$187 a credit for non-residents and \$20 per credit for residents of California and Nevada.

Credits are offered for the following three classes:

ORL 116 Principles of Outdoor Recreation	3 credits
ORL 161 Intermediate Backpacking	1 credit
ORL 200 Outdoor Recreation Leadership	3 credits

The requirements for college credit are the same as for high school credits.

- Complete your ANASAZI Walking
- Complete your Badgerstone books
- Write an essay about your experience

These credits are for high school students and college students alike. If you are in high school, you can receive both high school and college credit for your work, the ultimate 2 for 1 deal.

If you are interested in college credits contact ANASAZI. We will get you an enrollment form. Once you are enrolled at Feather River College you will need to send your books and essay to ANASAZI. We will then send your books and essay for grading. Feather River College will grade your work. You will then have to request that your credits be transferred to the college of your choosing.

## ESSAY ASSIGNMENT

Complete: An eight (8) to ten (10) page double spaced typed essay. Write about your new beginning at ANASAZI while detailing your experience in each of the Seven Paths of the ANASAZI Way. Submit your essay to ANASAZI within four (4) weeks after completion your ANASAZI Experience.

### Guidelines for Blueprint Education Manuscript Essay

1. General guidelines/type of paper. Type or word-process your paper. Use high-quality white, unlined 8 1/2" x 11" paper. Do not use colored paper, transparent paper, onionskin paper or odd typefaces such as script.
2. Margins. Use one-inch margins at the top, sides, and bottom.
3. Name and page numbers. Place your last name, a space, and the page number at the top of each page of the paper, flush with the right-hand margin. The name and page number should appear one-half-inch from the top edge of the paper.
4. Spacing. Double-space the entire paper, including headings, titles, quotations, and text paragraphs.
5. Headings. On the first page, drop down one inch from the top edge of the paper and give (at the left-hand margin and on separate line) your complete name, your teacher's name, your student ID number, course code, the name of your course and the complete date in this form: 12 November 2009. Double-space between the lines.
6. Title. On the line following the date, center the title of your paper. Use upper and lowercase letters, not all caps, and bold only those words, such as the titles of long works, that you would underline in the body of your paper. Double-space between the date and the title, and between the title and the first paragraph of the paper.
7. Indentions. Indent paragraphs in your paper five spaces from the left margin.
8. Grammar. Use proper grammar (spelling, capitalization, punctuation, etc.)
9. Paragraphing. Do not leave a single line of a paragraph at the bottom of a page.
10. Binding and presentation. Staple your research paper and do not use rubber bands. You may also fasten the pages together with a paper clip.
11. Final outline. Submit a final outline along with your manuscript essay.
12. Submission enclosures. Include outlines, first and second drafts, note cards, etc.