

ANASAZI FOUNDATION  
Mesa, Arizona

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Effective: 1/05

Revised:

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**CLT 105 RESTRICTED MEDICATION**

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**Purpose**

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The purpose of this policy is to provide for the safety and care of adolescents who are taking prescribed medications.

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**Reference**

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ANASAZI Policy, DES, DHS, JCAHO

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**Applicability**

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All ANASAZI clients

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**Policy**

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It is the policy of ANASAZI Foundation to administer medications to clients as prescribed by a medical doctor and approved by the participant, participant's parents or legal guardian, clinical director, nurse and consulting physician.

Psychotropic medications will be restricted to those that do not require blood serum level monitoring, do not have adverse side effects (i.e., affecting hydration, appetite or mental and/or emotional attentiveness) that interfere with client safety in a wilderness setting (i.e., backpacking on varying remote terrain, high or low temperatures, sun exposure, dry climate, changes in elevations, etc.) and only when the client is deemed stable by the prescribing physician.

Prospective clients must be safely weaned off of restricted medications with the consent and under the direction of a licensed physician prior to acceptance for admission.

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**Procedure**

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Responsible: Nurse

The nurse is responsible for medication management protocol and documentation (including Physician's Orders). Behavioral Health Technicians will be trained and demonstrate competency in self-administration of medication policy and procedure prior to administering medication to clients. See policies MED 202 and MED 203.

Medications will be screened on a case-by-case basis by the clinical team. Possible side effects will be researched by the nurse and communicated to the clinical team and staff administering the medication. No medications will be administered at ANASAZI without prior Physician's orders, consent from the participant, participant's parents or legal guardian, clinical director, nurse and consulting physician.